



For people 18+ with a learning disability and autistic adults

EVENTS GUIDE

JANUARY - APRIL 2025

Here are all of the
Meet N Match events
taking place near you

www.spring-projects.co.uk
www.meet-n-match.co.uk



Contact Sam, our Events and
Marketing Manager
for more information
on 01254 457026
samantha@spring-projects.co.uk



WE ARE SPRING INTO ACTION

**"Attending Meet N
Match, makes me feel
included and valid"**

**J - Participant at
Clitheroe Event**

Spring into Action is committed to creating a world where every individual, regardless of their abilities, feels valued and empowered to fully participate in life.

Our focus is on nurturing positive, healthy relationships, fostering equity, and developing essential life skills.

We are dedicated to providing opportunities for individuals to access the community, build lasting friendships, and enjoy services that are friendly, fun, and enriching.



For more information
please visit our website:





Could you support our work?

As a non-profit organisation, Spring into Action relies on funding in order to deliver great projects and services for people with learning disabilities. We welcome support through donations and volunteering opportunities. Can you help?

Donate



Play our lottery
from just £4.34
per month



Volunteer
with us



Hold a
fundraising
event or
take up a
challenge

IN 2023-24, WE SUPPORTED:

342

People who attended social events to reduce social isolation

90

People attended workshops to improve their financial literacy

62

People joined our friendship & dating agency to find meaningful connections

60

People were provided with food parcels and food vouchers to support the cost of living

45

Volunteers gave their time supporting our work

940

Hours of volunteering given by our volunteer team



MEET N MATCH EVENTS NEAR YOU



FREE

Manchester Pub Night

Tank & Paddle Printworks
Corporation Street, Manchester, M4 2BS

Thursdays, 6.30pm - 9pm

9th January, 6th February,
6th March, 3rd April.



£5

(CARERS FREE)

Hyndburn Disco

Adelaide Suite
Adelaide House, 1 Adelaide Street,
Accrington, BB5 2BE

Fridays, 6.30pm - 9.30pm

3rd January, 7th February,
7th March, 4th April.



FREE

LGBTQ+ Social Night

The Guild
99 Fylde Road, Preston, PR1 2XQ

Thursdays, 6.30pm - 9.00pm

9th January, 13th February,
13th March, 10th April.

**THIS EVENT IS FOR PEOPLE WHO IDENTIFY
AS FROM THE LGBTQ+ COMMUNITY**



St Anne's Pub Night

The Links Pub
Heeley Road
Lytham St Anne's
FY8 2HS

FREE

Wednesdays, 6.30pm - 9pm

15th January, 19th February,
19th March, 16th April.



Chorley Disco

St Joseph's Parish Centre
Harpers Lane
Chorley, PR6 OHR

£5

(CARERS FREE)

Thursdays, 6.30pm - 9.30pm

30th January, 27th February,
27th March, 24th April.



Blackpool Disco

Marton Institute
Oxford Square
Blackpool, FY4 4DR

£5

(CARERS FREE)

Sundays 6.30pm - 9.30pm

26th January, 23rd February,
30th March, 27th April.



Clitheroe Pub Night

The Rose & Crown Hotel
21 Castle Street, Clitheroe, BB7 2BT

Tuesdays, 6.30pm - 9pm

28th January, 25th February,
25th March, 29th April.

FREE



NEW VENUE Burnley Disco

Bees Knees
20 Hargreaves St, Burnley, BB11 1DU

Wednesdays, 6.30pm - 9.30pm

29th January, 26th February,
26th March, 23rd April.

£5

(CARERS FREE)

**WOULD YOU LIKE TO
RECEIVE ALL OUR SPRING
INTO ACTION NEWS?**



Scan this QR code to sign up to our monthly Newsletter delivered by email to receive exciting information about all of our events, membership and project news.





For adults 18+ with
learning disabilities
and autistic adults

**£5
ENTRY**

Carers free
Ticket only
event

SPRING IN DA CLUB

Club Night

PRESTON

14th Feb, 16th May,
22nd Aug, 5th Dec.

Popworld 13 Church St,
Preston PR1 3BQ

BLACKPOOL

14th March, 20th June,
12th Sept, 14th Nov.

Popworld 120-122 Promenade,
Blackpool, FY1 1RA

FRIDAYS, 6PM-9PM

www.spring-projects.co.uk

www.meet-n-match.co.uk



Preston



Blackpool



IN PARTNERSHIP WITH

POPWORLD



OPEN MIC & DISCO NIGHT for Autistic Adults

Wednesdays

March 12th

June 11th

September 10th

December 10th

6.30pm-9.30pm

Come along to sing,
play an instrument,
share a poem or
just take part
in our disco.



Free

Ticket Only
Event



Alta, 16 Accrington Road,
Whalley, BB7 9TD

www.spring-projects.co.uk
www.meet-n-match.co.uk

For more details contact
Samantha, Events &
Marketing Manager
01254 457026
events@spring-projects.co.uk

In Partnership with



Cloverleaf
Advocacy



Scan QR code to
book

